

LEE ACADEMY OPEN CLASSES



FOR FULL TIMETABLE: REFER TO "TIMETABLE 2010"

STUDIOS - DANCE GEAR - DANCE SHOES - DANCE ACCESSORIES
NO 3, TEAMSTER CL, TUGGERAH

(off Reliance Dr: Tuggerah Business Park)

It's casual attendance, come when you can, pay as you go, no concert dance,
no uniform needed, starts from 1st February 2010

If you wish to partake in any of our open or casual attendance classes: please come along, we will see you there!

TUESDAYS

STUDIO 1

6-6.45pm OPEN ADVANCED STRETCH & TONE - Open age (*minimum age 12yrs*)

6.45-7.30pm OPEN KICKS-TURNS-LEAPS - Open age (*minimum age 14yrs*)

7.30-8.30pm OPEN JAZZ -15yrs & over

8.30-9.15pm OPEN HIP-HOP - 15yrs & over

STUDIO 3

3.45-4.15pm 7/U ACROBATICS

4.15-5pm 10/U ACROBATICS

5.30-6.00pm 12/U TUMBLING

6.00-6.30pm 12/U CIRCUS/HAND BALANCE

6.30-7.15pm ACROBATICS - 16yrs & over

7.15-8.00pm TUMBLING - 16yrs & over

8.00-8.45pm SILK TISSUE/CIRCUS SKILLS/AERIAL GYM - 16yrs & over



WEDNESDAYS

STUDIO 1 -

6-6.45pm KTL (kicks, turns, leaps) - 14 yrs & under

STUDIO 3-

4.00-4.45pm 12/U ACROBATICS

4.45-5.15pm 12/u ACROBATICS - extension

5.15-5.45pm 16/u TUMBLING

5.45-6.15pm 16/u HAND BALANCE/CIRCUS SKILLS/AERIAL GYM

6.15-7.00pm 16yrs & under ACROBATICS - advanced

7.00-7.45pm 16yrs & under ACROBATICS -advanced extension

THURSDAYS

STUDIO 3-

4.15-5pm 15yrs & under ACROBATICS

5-5.30pm 15yrs & under ACROBATICS - extension

5.30-6.00pm 15yrs & under TUMBLING

6.00-7.00pm OPEN AGE stretch & body conditioning

FRIDAYS

STUDIO 3-

6.45-7.15pm 16yrs & under TUMBLING

7.15-7.45pm 16/U HAND BALANCE

7.45-8.15pm OPEN AGE ACROBATICS

8.15-8.45pm OPEN AGE TUMBLING

8.45-9.15pm OPEN AGE HAND BALANCE

Casual attendance/open
classes : \$10 per class

SATURDAYS - TUGGERAH

OPEN GYMNASTICS! - ALL DAY - fully supervised - NO UNIFORM - NO PRE-BOOKING - FUN ALL DAY!

\$7 per hour or \$10 for 2 hours

CANTEEN & DANCE SHOP OPEN ALL DAY - ALL WELCOME 9am - 3pm